



ROMPERS PRIVATE NURSERY

MENU

Spring 2024



Week 1	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Cream crackers with butter & Edam Cheese Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Veg Natural Yogurt with Peaches Fresh fruit	Raspberry Cupcakes Fresh fruit or vegetables
TUES	Wholemeal Toast & Butter Fresh fruit or vegetables	Chicken Tikka Masala with Rice and Peas Vanilla Cheesecake Fresh fruit	Chocolate Fruit Krispie Fresh fruit or vegetables
WED	Mini Sausage Rolls Fresh fruit or vegetables	Fish Fingers Potato Wedges and Beans & Peas Chocolate & Raspberry Sponge Fresh fruit	Children's Homemade Chicken & Ham Wraps Fresh fruit or vegetables
THURS	Pitta Bread with Mint Yogurt Dip Fresh fruit or vegetables	Potato & leek Soup Cheese Sandwiches Rice Pudding & pear Puree Fresh fruit	Custard Cream Biscuit Fresh fruit or vegetables
FRI	Toasted Bagel & Butter Fresh fruit or vegetables	Sausage Casserole, New potatoes & Sweetcorn Orange Jelly & Fresh fruit	Breadsticks, Cheese, and Pineapple Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cow's milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.