



ROMPERS PRIVATE NURSERY

HEALTH AND WELLBEING POLICY

Policy Statement:

Rompers aims to create a learning community, which enables all children to become successful, independent and responsible citizens.

At Rompers by promoting curiosity and a desire to learn we will ensure that all children develop the knowledge and understanding, skills, capabilities and attributes that they need for mental, emotional, social and physical wellbeing now and in the future.

Children will leave Rompers as self-motivated, considerate, responsible and enthusiastic individuals.

Each child at Rompers will be treated as an individual and staff will take into account the stage of growth, development, maturity and the social and community context.

Aims of this Policy:

At Rompers each child can expect their learning environments to support them to:

- Develop self awareness, self worth and respect for others
- Meet challenges, manage change and build relationships
- Experience personal achievements and build their resilience and confidence
- Understand and develop physical and mental wellbeing social skills
- Understand what they eat, how active they are and how their decisions in which they make about their behaviour and relationships affect physical and mental wellbeing
- Participate in a wide range of activities which promotes a healthy lifestyle
- Understand that adults within their nursery environment have a responsibility to look after me and listen to a child's concerns and involve other where necessary
- Learn about where to find help and resources to inform choices
- Assess and manage risk and understanding the impact of risk taking behaviour
- Lead their own individual learning and help themselves to make informed choices and decisions
- Develop curiosity and resilience to learning and life skills
- Experienced an environment with clearly understood values and attitudes

Procedures:

To help meet all our aims we ensure that:

- Golden rules are in place and are encouraged to be followed
- Staff promote and encourage independence throughout the nursery
- Staff are positive role models and encourage good manners and good personal hygiene
- All children are treated fairly and equally
- Staff provide opportunities for children to be challenged and celebrate achievements

- Staff take into account all children's individual needs through our key worker system
- Provide experience that promote a healthy and active lifestyle
- All staff are aware of child protection policy and procedure
- Staff allow children to take risks and learn from these experiences
- All children lead learning which staff observe and support
- Pre-school children take part in a positive behaviour system
- Transitions for children between rooms at Rompers are robust and individual to each child and their needs
- Annual parents evening to discuss child progress
- Staff promote positive relationships with parents and carers and develop a regular conversation about the children
- Questionnaires are given regularly to both parents and children to evaluate practice at Rompers
- Parents are evolved with care plans to support staff in providing continuity of care
- Parents participate in developing care strategies for children with additional support needs

Monitoring:

- Continually monitored through the Quality Assurance
- Continually monitored in Pre-school planning through an '8 capacity outcomes' forms
- Annually reviewed

Parents will be asked to sign when registering at Rompers to say that they have been fully informed that this policy is available in the parent policy folder in the cloakroom and available to view online at the nursery website.