



ROMPERS PRIVATE NURSERY

MENU



Spring 2024

Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Choice of Cereal and Milk Fresh fruit or vegetables	Cheesy Mexican vegetable Pasta with Sweetcorn Strawberry Jelly Fresh fruit	Homemade Mini Sausage Rolls Fresh fruit or vegetables
TUES	Cheese and Tomato Pinwheels Fresh fruit or vegetables	Sweet and Sour Chicken with Rice and Mixed Veg Eves Pudding with Cream Fresh fruit	Children's Homemade Wraps Turkey or Cheese Fresh fruit or vegetables
WED	Wholemeal Toast with Butter or Cream Cheese Fresh fruit or vegetables	Bolognaise Pasta Bake with Broccoli Cherry Crumble and Cream Fresh fruit	Plain Scones & Butter Fresh fruit or vegetables
THURS	Toasted Crumpets with Butter Fresh fruit or vegetables	Pork Mince in Paprika & Tomato Sauce with Spaghetti & Peas Natural Yogurt with Pears Fresh fruit	Coconut and Lime Cake Fresh fruit or vegetables
FRI	Poppy Seed Crackers with Dairy Lea Fresh fruit or vegetables	Lightly Spiced Sweet Potato Soup with Warm naan Breads Custard & Pineapple Fresh fruit	Pitta Bread & Hummus Vegetable Fingers

This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.